



The Human Energy Control Protocols Symptoms Checklist

These are some of the symptoms and side effects of Mind and Energy control program testing and experiments that I have identified from what has happened to me, as well as what has been shared with me by others. As we learn more about these programs and the concept of human energy control, and this knowledge will come from others who share their stories. I hope that by knowing this you can find answers to your questions and the cause of any pain, sadness, and fear that this has caused you so you can release these aspects to regain your memories and control of your energy.

Read through this list and check off the things that resonate with or apply to you.

	You were born between 1940 and 1980
	You were an intuitive, sensitive, empathic, or psychic child
	You had a parent in the military or in government service
	You spent time in a military hospital, or in a large civilian hospital as a child, and you may not be able to remember your experiences
	You have blanks in your childhood memory, periods that you cannot remember anything about
	You are not in family photos for a period of time or your parents have 'lost' or misplaced photos of you
	You have strong fears of being isolated, abandoned or abused and still have them today
	You have a vague memory of sexual and/or physical abuse
	You have strong feelings of shame and a fear of humiliation

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	You are prone to addictive behavior, such as OCD, or have a strong need to be in control of your environment
	You feel that you were not raised in the same way as your siblings
	You either have substance abuse problems, drugs or alcohol, or you are strongly against them and do not take drugs or drink
	You know that you were separated from your parents for periods of time during your childhood,
	You were given IQ and other tests in schools and were singled out for your high test scores
	You were taken out of your regular school classes and talked to counselors or were given tests that the other children in your classes were not given
	You have irrational fears about being attacked or hurt by someone
	You are afraid of the dark, closed spaces, and you are mildly or severely claustrophobic
	You do not like being cold and always have a sweater or jacket with you
	If you are a parent, you are very protective of your children and are afraid that they will be sexually abused or that something will happen to them
	You are afraid of needles and of receiving shots
	You are mildly or severely depressed, have suicidal thoughts, feel hopeless at times, and have moderate to severe mood swings that you cannot control
	You have had a severe or life threatening health issue since 2007
	You feel stuck and unmotivated, have a strong fear of being in the public eye, or of being 'seen' or noticed, and while you may have dreams of success, you cannot make them a reality
	You feel a deep sadness at times and feel grief over something you feel you have lost, but you do not know what it is
	At different times in your life, you have felt completely unable to act or to take action, even if it was necessary to maintain your physical, financial, or emotional well-being
	You can remember being very angry with your parents as a child but you are not sure why

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	You choose friends and romantic partners who do not meet your needs, or who take advantage of you
	You have been married at least twice or several times and your relationships tend to be dysfunctional
	You had one or more abortions as a young adult or at any time in your adult life
	You have financial issues and don't know how to make or handle money
	You have had moderate to severe, short to long term memory blackouts as an adult, especially in your 20s and 30s or especially in the 1980s to around 2010
	You know something has happened to you, but you have no idea what it is.

Don't worry if you checked many of these or even all of them. Once you know what has happened and how your energy has been hijacked, you are prepared to take steps to regain control of your energy and to become sovereign in your life again.

Use the guidelines in the *Human Energy Control Protocols* book to release yourself from the control of anything that is controlling your energy so you can regain control of your energy and become energetically sovereign again.

Use the Declarations of Energetic Consent in the free report to help you build strong intentions for your energy and for the kind of frequency and vibration you want in your life.

This is not an easy thing to realize but knowledge truly does give us great power and this knowledge will provide you with the tools to understand your past so you can have a more joyful, fulfilling, powerful future.

Thank you for your purchase and support, I hope that this book has provided you with the answers you seek so you can be happy in your life.

Many blessings,
Jennifer Hoffman
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